

### What is the Mentor Coach Program?

A program supporting professionals to become mentors and coaches who can effectively build teams, overcome conflict, and support collaboration.



Corporate and nonprofit leaders developing mentoring and coaching skills together in a collaborative approach to cross-sector leadership. The program creates an environment for participants to learn from one another by sharing strategies and practices, while developing their own professional skills.

This is an experiential learning lab over a four-month period that includes theory (classroom), practice, modelling by professional coaches, rich discussion, and exercises to challenge thinking.

### Why is a mentor/coach program important?

Great leaders who achieve results are both mentors *and* coaches – they inspire, motivate, and support their teams to deliver on shared expectations. They know when to share ideas and when to invite input. They ask questions to understand and support.

This blended approach to leadership and professional development will allow your leaders to build lasting and meaningful relationships – within your work teams and across sectors.

### Proven results of the program include:

- Up to an 86% return on professional development investment
- Internal culture becomes supportive, innovative, and inclusive
- Increase productivity of your employees and teams
- Increase participant's engagement in the workplace

### Rates & Grants

<b>MENTOR-COACH PROGRAM</b>		<b>Corporate Rate</b>	<b>Non Profit Rate</b>
12 Participants (6 corporate, 6 non-profit) 25-hour <u>experiential</u> program (over 4 months): one full-day, in person workshop and self-directed, on location coaching meetings.  Includes: Workbook, Job Aid Card and other resources		\$2400 per person	\$2100 per person
		<i>This program qualifies for the Canada-Alberta Job Grant up to 66% of cost.</i>  <a href="http://www.albertacanada.com/opportunity/employers/jobgrant.aspx">http://www.albertacanada.com/opportunity/employers/jobgrant.aspx</a>	
<b>CANADA-ALBERTA JOB GRANT</b>			
The Canada-Alberta Job Grant is available to corporate and nonprofit organizations. The grant supports employer-driven training programs that develop and maintain a well-educated, highly skilled and productive workforce. Organizations must submit the application on behalf of the participant..		<i>Successful applicants are eligible for a 2/3 reduction in training cost (to a maximum of \$10,000)</i>	



**Schedule for this Upcoming Program Starting April 12<sup>th</sup>, 2017**

April 12 <sup>th</sup> , 2017	<p>Full Day Workshop (9:00 to 4:00) *Mandatory to attend  <b>Your Introduction to Coaching &amp; Mentoring:</b>            Building Relationships, Understanding Differences            Designing Your Action Plan, Difference between Mentoring &amp; Coaching            A glimpse at Core Competencies, Skills Practice, and a Call to Action</p>
Wk of May 1 <sup>st</sup> /17	<p>Professional Coaching            A one hour coaching session with a professionally Certified Coach (flexible timing) and designed to support your Action Plan.</p>
Wk. of May 15 <sup>th</sup> /17	<p>Partner Coaching            One hour each – coaching your partner, practicing your skills - focused on your Action Plan. (flexible timing)</p>
Wk. of May 29 <sup>th</sup> /17	<p>Professional Coaching            A one hour coaching session with a professionally Certified Coach (flexible timing) focused on your Action Plan.</p>
June 14 <sup>th</sup> , 2017	<p>Workshop (9:00 to 3:00) *Mandatory to attend  <b>Coaching is a Leadership Competency:</b>            A closer look at coaching competencies, Listening on three levels, 4 D's of a Coaching Conversation and finally Designing Actions</p>
Wk. of June 26 <sup>th</sup> /17	<p>Partner Coaching            One hour each – coaching your partner, practicing your skills - focused on your Action Plan. (flexible timing)</p>
Wk. of July 17 <sup>th</sup> /17	<p>Professional Coaching            A one hour coaching session with a professionally Certified Coach (flexible timing) focused on your Action Plan. (flexible timing)</p>
Wk. of Aug. 14 <sup>th</sup> /17	<p>Partner Coaching            One hour each – coaching your partner, practicing your skills - focused on your Action Plan. (flexible timing)</p>
Week of Sept. 5/17	<p>Workshop Final Session / Celebration (9:00 to 2:00) *Mandatory to attend  <b>Mentoring is a Leadership Competency:</b>            Discussing mentoring competencies, comparing the differences from mentoring and when to use each, Applying the Learning, Celebrating Your Journey</p>
<b>Total Program Hours</b>	<b>25 Hours</b>
<b>Delivered by:</b>	<b>Creating People Power Inc., #224, 9750 51<sup>st</sup> Avenue NW, Edmonton T6E 2N6</b>
<b>Contact:</b>	<b>Linda Maul 780.701.2990</b>

